

## **THE ACE STUDY:**

The Aspirin and Carotid Endarterectomy (ACE) study will determine whether there is an ideal dose of aspirin that patients should take to reduce their risk of stroke and death in the first 3 months following carotid endarterectomy surgery. ACE is sponsored by the National Institute of Health and has been approved by your hospital. Your participation in this very important study is greatly appreciated.

## **STUDY ASPIRIN:**

- \* All patients will be given study aspirin, free of charge, in blister packs, provided by SmithKline-Beecham Pharmaceuticals.
- \* Each blister pack contains enough study aspirin to last for 7 days.
- \* For each day there is a row containing 5 study aspirin tablets.
- \* Each day take 3 tablets in the morning when you get up or with breakfast, and 2 in the evening or when you go to bed.
- \* If you forget to take the morning dose, please take it together with the evening dose at dinner or before going to bed.
- \* If you forget to take the evening dose, do not take it the next day. Please do not take more than 5 tablets of study aspirin per day.
- \* All study aspirin tablets are coated to prevent stomach upset.
- \* The doses used in this study are not unusual. The lowest dose is 81 mg/day (which is about the same as one baby aspirin tablet), and the highest dose is 1300 mg/day (which is about the same as 4 regular aspirin tablets).
- \* Please do not take any other aspirin or other medication containing aspirin for the 3 months of the study.
- \* If you need to take something in addition for pain, please do not take regular aspirin. Instead use a pain medication which does not contain aspirin, such as: Tylenol, Panadol, APAP, Codine, etc..
- \* Please do not discard used blister packs. Return them to the ACE Study Coordinator at your hospital at discharge following surgery, and when you return for the 30 and 90 day follow-up visits.

## **THE DAY YOU ENTER THE STUDY:**

- \* When you enter the study, you will be given one blister pack of study aspirin.
- \* You will be asked to start taking it from 1 to 7 days before your operation.
- \* Print your name and the start date on the cover of the blister pack.
- \* Each day take all 5 pills. 3 in the morning when you get up or with breakfast.

## **THE DAY OF SURGERY:**

- \* On the day of surgery take all 5 pills in the morning with breakfast.
- \* Please bring the blister pac of study aspirin with you to the hospital even if it is empty.

## **FOLLOWING SURGERY:**

- \* Resume taking study pills (3 in the morning and 2 in the evening) the day after surgery, and continue each day thereafter.

## **DISCHARGE FROM HOSPITAL:**

- \* Before you leave the hospital please return all used blister pacs to the ACE Study Coordinator.
- \* You will be given enough study aspirin to last until your 30 day follow-up visit.
- \* Print your name and the start date on the cover of each blister pac.
- \* Continue taking 5 study aspirin tablets each day as directed.

## **30 DAY FOLLOW-UP VISIT:**

- \* Remember to bring all of your study blister pacs (both used and unused).
- \* Following your check up you will be given the rest of your study aspirin.
- \* Print your name and the start date on the cover of each blister pac.
- \* Continue taking your study aspirin as directed until it is all gone.

## **90 DAY FOLLOW-UP VISIT:**

- \* Remember to bring all of your study blister pacs (both used and unused).
- \* This visit marks the end of your study follow-up.

<b>STUDY ASSESSMENT</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Surgery	_____	_____	_____
30 Day Follow-up	_____	_____	_____
90 Day Follow-up	_____	_____	_____

## **Study Contact (Nurse or Physician):**

Name: \_\_\_\_\_